



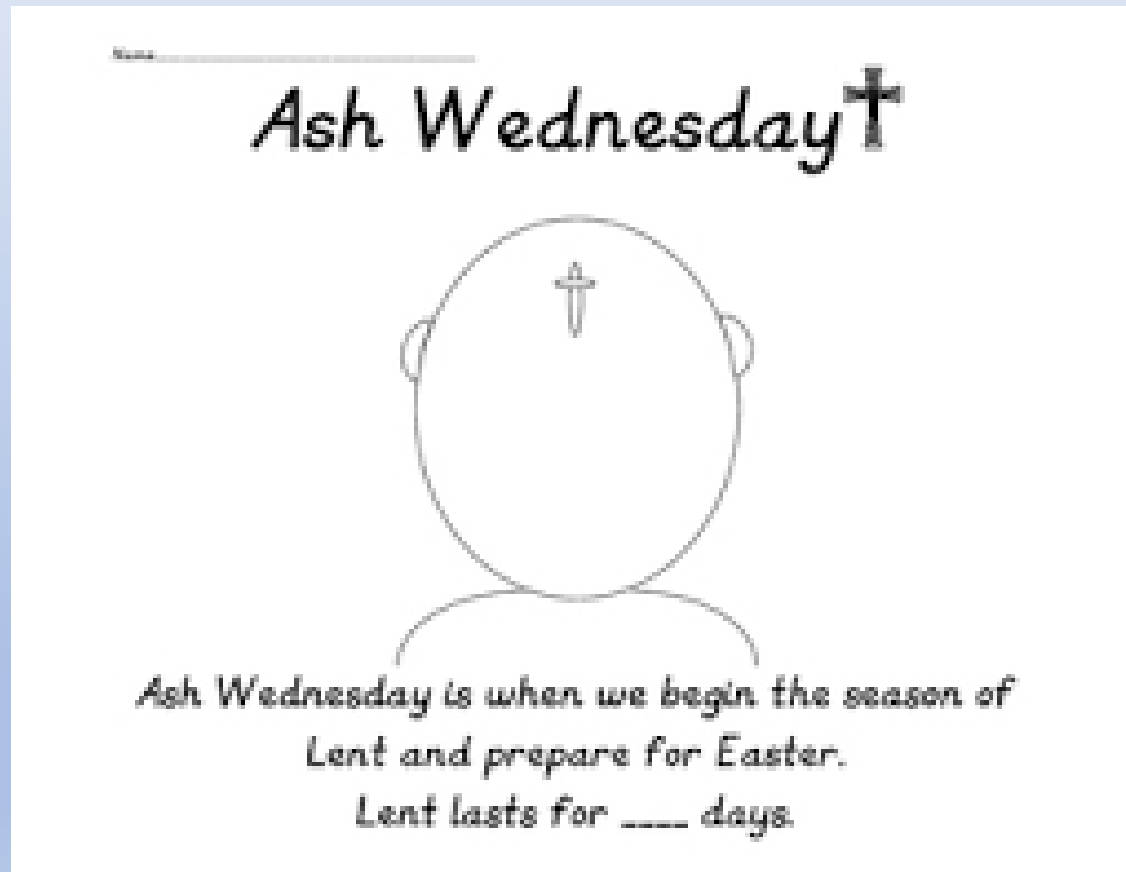
Ash Wednesday



- February 17, 2021
- Marks the first day of Lent
- Watch this short video to learn more about it:
[Ash Wednesday HD](#)



Fun Activity



This activity is found on the [website](#). You can download and print to complete.

- Make the person look like you.
- Use a pencil to color on a scrap piece of paper. Rub your thumb across it and then trace the cross on the forehead. Don't forget to wash your hands when you're finished!

****Optional****



LENT

- Lent is a church season when we remember Jesus' suffering and death on the Cross.
- The color used in Mass during Lent is **purple**.
- During Lent, we try to be like Jesus by *sacrificing* (giving up or fasting) something that we like.
- What can you give up for Lent for Jesus?



When Jesus gave up His life for us, He showed us he loved us.

Do you think it's important to show our love back to Jesus by giving up something?

YES!

We can also pray during Lent so that we can be closer to Jesus.

- How can you pray during Lent for Jesus?

Pray in the morning

Pray at bedtime

Pray for others



During **Lent** we pray with Jesus to show Him our love!

Watch These !



Search for this title on [Formed.org](https://www.formed.org)

Now it's time to see what you know!

- Click [here](#) to take you to the first grade website where you will answer a few questions about the video.

